

WEEK BEGINNING- 15th Sep,
6th Oct



LUNCH MENU

WEEK ONE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|--|--|--|--|---|
| MAIN | Beef Burger with Cheese in a White Bun, Diced Potatoes & Beans Gluten, Milk Sesame | Cheese Topped BBQ Chicken Fillet with Sauté Potatoes & Sweetcorn Milk | Roast Pork with Yorkshire Pudding, Roast Potatoes, Gravy & Seasonal Vegetables Gluten, Milk, Egg, Sulphites | Beef Madras on a bed of Wholemeal & White Rice with Naan & Green Beans Gluten, Celery | Battered Pollock Fillet with Chips & Peas Gluten, Fish |
| VEGETARIAN | Bean Burger in a White Bun, Diced Potatoes & Beans Gluten, Milk Sesame | Summer Vegetable Frittata with Sauté Potatoes & Sweetcorn Milk, Egg | Root Vegetable en Croute with Roast Potatoes & Seasonal Vegetables Gluten, Milk, Sulphites, Egg, Celery | Smokey Aubergine Dhal on a bed of Wholemeal & White Rice with Naan & Green Beans Gluten Mustard, Sulphites | Margherita Pizza with Chips & Peas Gluten, Milk |
| DESSERT | Jamaican Ginger Cake Gluten, Egg, Milk | Banana & Toffee Cake Gluten, Egg, Milk | Muffin of the day Milk, Egg, Gluten | School Cake Milk | Cookie Milk, Gluten, Soya |

TWO SEASONAL VEGETABLES, A RANGE OF SALADS, FRESH BREAD AVAILABLE DAILY.

The allergen information was correct at the time this menu was produced. Please ask a member of the catering team for up to date information. All Dietary requests can be catered for, please speak to the catering team.

Key for the 14 major Allergens -

Contains Ingredients

May Contain Ingredients

WEEK BEGINNING- 1st Sep,
22nd Sep, 13th Oct



LUNCH MENU

WEEK TWO

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|---|--|--|---|--|
| MAIN | Chicken Fillet Burger in a Wholemeal Bun with Diced Potatoes & Beans Gluten, Soya Milk, Egg, Sesame | Beef Chilli with Potato Wedges, Nachos & Salsa Gluten | Roast Gammon with Yorkshire Pudding, Roast Potatoes, Gravy & Seasonal Vegetables Gluten, Sulphites, Egg, Milk | Chinese Chicken Curry on a bed of Wholemeal & White Rice with Prawn Crackers & Green Beans Celery, Crustaceans, Sulphites | Battered Pollock with Chips & Peas Gluten, Fish |
| VEGETARIAN | Veggie Burger in a Wholemeal Bun with Diced Potatoes & Beans Gluten, Soya Milk, Egg, Sesame | Mexican Bean Chilli with Potato Wedges, Nachos & Salsa Gluten | Homemade Cheese & Potato Pasty with Roast Potatoes, Seasonal Vegetables & Gravy Gluten, Milk, Sulphites | Vegetable Stir fry on a bed of Wholemeal & White Rice with Prawn Crackers & Green Beans Soya, Crustaceans, Sulphites, Sesame Gluten | Margherita Pizza with Chips & Peas Gluten, Milk |
| DESSERT | Mixed Fruit Jam Tart Gluten, Sulphites | Orange Cornmeal Cake Gluten, Egg, Milk | Muffin of the day Milk, Egg, Gluten | Chocolate Mousse Milk | Cookie Gluten, Milk, Soya |

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Key for the 14 major Allergens -
 Contains Ingredients
 May Contain Ingredients

WEEK BEGINNING- 8th Sep, 29th Sep,
20th Oct



LUNCH MENU

WEEK THREE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|--|---|---|--|--|
| MAIN | Garlic Chicken Fillet with Sauté Potatoes & Sweetcorn Gluten, Milk | Sticky Pulled Pork with Wholemeal & White Rice & Green Beans Soya, Sulphites, Gluten, Sesame | Roast Turkey with Yorkshire Pudding, Roast Potatoes, Gravy & Seasonal Vegetables Gluten, Sulphites, Milk, Egg | Beef Lasagne with Garlic Bread & Peas Gluten, Milk, Mustard Soya | Salmon Fishcakes with Chips & Beans Gluten, Fish |
| VEGETARIAN | Grilled Vegetable Flatbread with Sauté Potatoes & Sweetcorn Gluten, Milk | Feta Stuffed Peppers with Wholemeal & White Rice & Green Beans Milk, Gluten Mustard, Soya | Vegetable & Potato Bake with Roast Potatoes, & Seasonal Vegetables Milk, Gluten, Sulphites | Spinach & Pepper Quiche with New Potatoes & Peas Gluten, Milk, Egg | Margherita Pizza with Chips & Beans Gluten, Milk |
| DESSERT | Eton Mess Milk, Egg | Lemon Sponge with Lemon topping Gluten, Egg, Milk | Muffin of the day Milk, Egg, Gluten | Chocolate Orange Sponge Milk, Gluten, Egg | Cookie Milk, Gluten, Soya |

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Key for the 14 major Allergens -

Contains Ingredients

May Contain Ingredients