

Be an excellent TCA geographer and keep up to date! Most programmes are available on **catch up!**

Monday	Tuesday	Wednesday	Thursday
<ul style="list-style-type: none"> 9am BBC2 Atlantic: The Wildest Ocean on Earth – From Heaven to Hell 3/3 Life in the tropical Atlantic, where everything from dolphins, manatees and whale sharks to sunbathing jellyfish thrive in the Caribbean's warm, sheltered waters, fringed by coral reefs and rich mangrove forests. But when extreme heat in Africa unleashes terrifying hurricanes, all hell breaks loose across the region. 7pm Channel 5 The World's Most Scenic Railway Journeys: Finland 6/10 A 600-mile journey through one of the world's most northern countries – Finland – from Helsinki in the south to Kemijarvi in Finnish Lapland. 	<ul style="list-style-type: none"> 6:30pm BBC2 Great British Railway Journeys: York to Frizinghall 12/15 Michael Portillo conducts important research in an historic tea-room, built by an Edwardian immigrant to the city of York. In Leeds he discovers the city's textile heritage and also investigates Bradford's musical heritage. 8pm Channel 5 This Week on the Farm 1/6 The first episode comes from Cannon Hall Farm in South Yorkshire, and features a Highland cow getting ready for an online county show, the construction of a new home for a herd of sheep, and a vet treating a lamb with a broken leg. 	<ul style="list-style-type: none"> 8pm BBC2 Keeping Britain Fed In the midst of the coronavirus crisis, the supermarkets have become like the UK's fourth emergency service. While most people have been staying safe in their homes, an army of workers across the country have been putting themselves at risk and working round the clock to keep us all fed. 7pm Channel 5 Chris Tarrant: Extreme Railway Journeys 1/4 Chris travels to the west of Morocco to the east, heading into the desert on a mission to find out whether a railway line once crossed the Sahara all the way to Timbuktu in Mali. He begins in Marrakesh, taking in Casablanca. 	<ul style="list-style-type: none"> 7pm Channel 5 Yorkshire: A Year In The Wild Spring comes to the Dales and North York Moors National Parks, the seasons when the parks' animals must find food, a mate and raise a family. Adders battle to secure a mate, while grebes prefer a dance. On the coast, a quarter of a million birds arrive to nest, many returning to exactly the same nest site every year. 8am BBC2 Our Coast 4/4 We explore the south-western coastline of Scotland, taking to the skies with former RAF fighter pilot Archie, who is now using his skills to document large-scale pollution hidden along the coastline.
Friday	Saturday	Sunday	Feature of the Week
<ul style="list-style-type: none"> 9pm BBC2 Natural World Otters are playful, adaptable and champion swimmers – they've captivated cameraman Charlie Hamilton James for the last 25 years. He filmed them more than anyone else and now, through the eyes of three orphaned river otters, a set of ground-breaking experiments take place to reveal their survival secrets. 8pm Channel 5 The World's Most Scenic Railway Journeys: Sri Lanka 7/10 The trip begins in the coastal city of Colombo and continues down through a very English town that produces some of the world's finest teas, coming to a stop at a hill station surrounded by tropical rainforests. 	<ul style="list-style-type: none"> 8pm BBC4 Earth Natural Wonders Surviving the extreme. This series look at places where nature is visible at its most primal, most powerful and most extraordinarily beautiful. 8:45am BBC2 Forces of Nature with Brian Cox Professor Brian Cox shows how Earth's basic ingredients, like the pure sulphur mined in the heart of a deadly volcano in Indonesia, have become the building blocks of life. Hidden deep in a cave in the Dominican Republic lies a magical world created by the same property of water that makes it essential to life. 	<ul style="list-style-type: none"> 7pm BBC2 Countryfile 25/52 Anita Rani visits Epping Forest to find out about its past, its wildlife and to meet some of the people who look after it. Wildlife film-maker Hamza Yassin gets up close to a much-loved seabird, the puffin, near his home on the west coast of Scotland, while Gareth Wyn Jones offers a glimpse into his life as a hill farmer in Wales. 	<p>4:20pm Channel 5 Saturday The Thames: Britain's Great River ½ Tony Robinson embarks on a 200-mile journey from source to sea to discover what makes the Thames one of the greatest rivers in the world. He begins by tracking down the source of the waterway, as it emerges from the ground as a pure spring in a Gloucestershire field. He then follows the rivers as it winds its way through the Thames valley, stopping off at Henley-on-Thames, and then on towards the palace at Hampton Court.</p>