

WEEK BEGINNING-

21st Apr, 12th May,
2nd Jun, 23rd Jun,
14th Jul, 15th Sep,
6th Oct



LUNCH MENU

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Beef Burger with Cheese in a White Bun, Diced Potatoes & Beans Gluten, Milk Sesame	Cheese Topped BBQ Chicken Fillet with Sauté Potatoes & Sweetcorn Milk	Roast Pork with Yorkshire Pudding, Roast Potatoes, Gravy & Seasonal Vegetables Gluten, Milk, Egg, Sulphites	Beef Madras on a bed of Wholemeal & White Rice with Naan & Green Beans Gluten, Celery	Battered Pollock Fillet with Chips & Peas Gluten, Fish
VEGETARIAN	Bean Burger in a White Bun, Diced Potatoes & Beans Gluten, Milk Sesame	Summer Vegetable Frittata with Sauté Potatoes & Sweetcorn Milk, Egg	Root Vegetable en Croute with Roast Potatoes & Seasonal Vegetables Gluten, Milk, Sulphites, Egg, Celery	Smokey Aubergine Dhal on a bed of Wholemeal & White Rice with Naan & Green Beans Gluten Mustard, Sulphites	Margherita Pizza with Chips & Peas Gluten, Milk
HOT BAGUETTE	Pepperoni & Cheese Gluten, Milk Sesame	Pizza Gluten, Milk Sesame	Tomato, Pesto & Mozzarella Gluten, Milk Sesame	BBQ Chicken Gluten, Milk Sesame	Chef Special For allergen info, please see the specials menu or ask a member of the catering team.
PASTA BAR	Tomato & Basil Pasta with Garlic Bread Gluten, Celery Milk, Soya, Mustard	Macaroni Cheese with Garlic Bread Gluten, Milk, Mustard Soya	Roasted Red Pepper Pasta with Garlic Bread Gluten, Celery Milk, Soya, Mustard	Carbonara Pasta with Garlic Bread Gluten, Milk, Mustard Soya	Chef Special For allergen info, please see the specials menu or ask a member of the catering team.
DESSERT	Jamaican Ginger Cake Gluten, Egg, Milk	Banana & Toffee Cake Gluten, Egg, Milk	Apple & Blackberry Crumble with Custard Milk, Gluten	Coconut & Mango Rice Pudding Milk	Cookie Milk, Gluten, Soya

The allergen information was correct at the time this menu was produced. Please ask a member of the catering team for upto date information

TWO SEASONAL VEGETABLES, A RANGE OF SALADS, FRESH BREAD AVAILABLE DAILY.
JACKET POTATO WITH CHEESE, TUNA OR BAKED BEANS, FRESH SANDWICHES AVAILABLE DAILY.

ALL DIETRY REQUESTS CAN BE CATERED FOR, PLEASE ASK FOR DETAILS.

Key for the 14 major Allergens -

Contains Ingredients
May Contain Ingredients

WEEK BEGINNING- 28th Apr, 19th May,
9th Jun, 30th Jun,
21st Jul, 1st Sep,
22nd Sep, 13th Oct



LUNCH MENU

WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chicken Fillet Burger in a Wholemeal Bun with Diced Potatoes & Beans Gluten, Soya Milk, Egg, Sesame	Beef Chilli with Potato Wedges, Nachos & Salsa Gluten	Roast Gammon with Yorkshire Pudding, Roast Potatoes, Gravy & Seasonal Vegetables Gluten, Sulphites, Egg, Milk	Chinese Chicken Curry on a bed of Wholemeal & White Rice with Prawn Crackers & Green Beans Gluten, Celery, Crustaceans	Battered Pollock with Chips & Peas Gluten, Fish
VEGETARIAN	Veggie Burger in a Wholemeal Bun with Diced Potatoes & Beans Gluten, Soya Milk, Egg, Sesame	Mexican Bean Chilli with Potato Wedges, Nachos & Salsa Gluten	Homemade Cheese & Potato Pasty with Roast Potatoes, Seasonal Vegetables & Gravy Gluten, Milk, Sulphites	Vegetable Stir fry on a bed of Wholemeal & White Rice with Prawn Crackers & Green Beans Soya, Crustaceans Gluten	Margherita Pizza with Chips & Peas Gluten, Milk
HOT BAGUETTE	Sweet Chilli Cheese Gluten, Milk Sesame	Cheese & Ham Gluten, Milk, Egg Sesame	Tomato, Pesto & Mozzarella Gluten, Milk Sesame	Cheese & Pepperoni Gluten, Milk Sesame	Chef Special For allergen info, please see the specials menu or ask a member of the catering team.
PASTA BAR	Tomato & Basil Pasta with Garlic Bread Gluten, Celery Milk, Soya, Mustard	Macaroni Cheese with Garlic Bread Gluten, Milk, Mustard Soya	Beef Bolognese with Garlic Bread Gluten, Celery Soya, Milk, Mustard	Carbonara Pasta with Garlic Bread Gluten, Milk, Mustard Soya	Chef Special For allergen info, please see the specials menu or ask a member of the catering team.
DESSERT	Mixed Fruit Jam Tart Gluten, Sulphites	Orange Cornmeal Cake Gluten, Egg, Milk	Peach Cobbler with Custard Gluten, Milk	Chocolate Mousse Milk	Cookie Gluten, Milk, Soya

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JACKET POTATO WITH CHEESE, TUNA OR BAKED BEANS, FRESH SANDWICHES AVAILABLE DAILY.

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May Contain Ingredients

WEEK BEGINNING- 5th May, 26th May,
16th Jun, 7th Jul,
8th Sep, 29th Sep,
20th Oct



LUNCH MENU

WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Garlic Chicken Fillet with Sauté Potatoes & Sweetcorn Gluten, Milk	Sticky Pulled Pork with Wholemeal & White Rice & Green Beans Soya, Sulphites, Gluten, Sesame	Roast Turkey with Yorkshire Pudding, Roast Potatoes, Gravy & Seasonal Vegetables Gluten, Sulphites, Milk, Egg	Beef Lasagne with Garlic Bread & Peas Gluten, Milk, Mustard Soya	Salmon Fishcakes with Chips & Beans Gluten, Fish
VEGETARIAN	Grilled Vegetable Flatbread with Sauté Potatoes & Sweetcorn Gluten, Milk	Feta Stuffed Peppers with Wholemeal & White Rice & Green Beans Milk, Gluten Mustard, Soya	Vegetable & Potato Bake with Roast Potatoes, & Seasonal Vegetables Milk, Gluten, Sulphites	Spinach & Pepper Quiche with New Potatoes & Peas Gluten, Milk, Egg	Margherita Pizza with Chips & Beans Gluten, Milk
HOT BAGUETTE	Three Cheese Gluten, Milk Sesame	BBQ Meat Feast Gluten, Milk, Sulphites, Soya Sesame	Tomato, Pesto & Mozzarella Gluten, Milk Sesame	Cheese & Pepperoni Gluten, Milk Sesame	Chef Special For allergen info, please see the specials menu or ask a member of the catering team.
PASTA BAR	Tomato & Basil Pasta with Garlic Bread Gluten, Celery, Milk Mustard, Soya	Macaroni Cheese with Garlic Bread Gluten, Milk, Mustard Soya	Creamy Tomato & Vegetable Pasta with Garlic Bread Gluten, Celery, Milk Soya, Mustard	Carbonara Pasta with Garlic Bread Gluten, Milk, Mustard Soya	Chef Special For allergen info, please see the specials menu or ask a member of the catering team.
DESSERT	Eton Mess Milk, Egg	Lemon Sponge with Lemon Sauce Gluten, Egg, Milk	Bread & Butter Pudding with Custard Gluten, Milk, Soya, Egg Sesame	Chocolate Orange Sponge with Orange Sauce Milk, Gluten, Egg	Cookies Milk, Gluten, Soya

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JACKET POTATO WITH CHEESE, TUNA OR BAKED BEANS, FRESH SANDWICHES AVAILABLE DAILY.**

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